



Beauty

During winter, skin takes a real beating. *Harriet Mays Powell* shares some essentials that will help to get your face shipshape.

Seaworthy Skin

Seawater and sea plants have long been known to possess curative properties for the body, both inside and out. Significant among the latter are seaweeds and algae, which, processed scientifically, stimulate water molecules to pump up and restore skin, giving it a velvety texture.

Here are my tried and tested top picks:

For super-dry skin, try **Elemis: Pro-Collagen Marine Cream, Ultra-Rich** (\$128, *timetospa.com*), which contains Padina Pavonica, an algae found in the Mediterranean. To get a tad technical, at a molecular level it increases the quantity of GAGs (glucosaminoglycans). These attract water and are responsible for moisturizing the skin while improving firmness and elasticity.

For night, I like **Erno Laszlo: Firmarine Night Gel** (\$225, *ernolaszlo.com*). This lightweight moisturizer is based on a complex freshwater algae called Spirulina Maxima, which contains more than 70 essential minerals and antioxidants. Pullulan and algae extracts are also added to promote collagen growth. These are combined in mineral-rich Marie-Stella-Maris water, which helps to detoxify and boost skin renewal.

My beauty regimen is no longer complete without **Sisley: Eye Contour Mask** (\$145, *sisley-paris.com*). Although it is

not intended for daily use, I use this leave-on mask most mornings. Once again, the key to the product's efficacy is the algae, Padina Pavonica. When applied, it has a cooling effect that immediately reduces fine lines and puffiness around the eyes.

Similarly **Sisley: Hydra-Global: Intense anti-aging hydration** (\$225, *sisley-paris.com*) is a perfect year-round facial moisturizer, which I find especially effective in hot weather. Although lightweight, it delivers amazing hydration. Its convenient pump container is ideal for travel.

New to my list is **Chanel's Hydra Beauty Micro Serum** (\$110, *chanel.com*). I'm obsessed with serums; this one is infused with micro water droplets. It is not only beautiful to look at – tiny clear bubbles suspended in a pale aqua potion – but it's also a one-step moisturizer that really does last all day. Perfect for life on board!

And finally, the mother of marine-based skincare products is **La Mer**. Its **Illuminating eye gel** (\$145, *cremedelamer.com*) includes the now legendary "Miracle Broth," which helps fight the early signs of aging. It is a refreshing gel that cools, soothes and brightens eyes on land or on sea.



Look better in an hour

Just a short ride away from Chelsea Piers in New York City, inside the posh Core Club, the Dangene Institute of Skinovation is where the latest science and medical technologies address sun damage and signs of aging. I know from personal experience; four treatment sessions eliminated brown spots and skin tags, as well as reduced wrinkles and lines more than I would have thought possible.

Porcelain-complexioned Dangene is her own best advertisement. Her treatments always feature cleansing, microdermabrasion and blasts of hyperbaric oxygen. What comes next depends on individual needs: vitamin masks; LED light therapy; a little lasering. Her state-of-the-art devices include the new Circ-Cell Transdermal Delivery System, which uses tiny needles to infuse peptides and kojic acid deep into the skin. Devotees include Madonna and Heidi Klum.

"I guarantee that in an hour and a half, I can make any of my clients look noticeably better," Dangene says. Imagine what she can do in a few months.
www.dangene.com

Shades of the sea



LAURA MERCIER
"Lagoon"
\$24, *lauramercier.com*

▶ Richly pigmented with a touch of sparkle, this shadow can be applied dry for just a hint of color or wet for a more dramatic effect.



NARS
"Abbey Road" and
"Khao San Road"
\$24 each,
narscosmetics.com

▶ These iridescent liners in turquoise and aquamarine give intense color that lasts all day.



RMS BEAUTY
"Inspire"
\$28,
rmsbeauty.com

▶ This light cream adds a translucent shimmer to the eye.



CHANEL
"Marine" and
"Bleu Metallique"
\$32 each,
chanel.com

▶ Waterproof eye pencils in dark shades of blue are refreshing alternatives to ubiquitous black.